

6th INTERNATIONAL CST CONFERENCE PROGRAM Friday 21 November 2025 University of Canberra Building 2		
TIME		
7.30 - 8.30	Early Career Researcher Gathering – Mizzuna Cafe	
8.00 – 8.55	Registration – 2.B.2	
	Lecture Theatre 2.B.9	
9:00 – 9:25	Conference Opening: 1. Welcome to Country by Selina Walker 2. Conference Opening: Hon Bill Shorten 3. Opening Remarks: Nathan D’Cunha and Aimee Spector	
9:25 – 10:30	Plenary session #1: New insights into CST delivery and practice <i>Chair: Aimee Spector</i> 1. Martin Knapp – Exploring the economic case for CST 2. Gloria Wong – Implementing CST virtually: What have we learned so far?	
10:30 – 10.55	Morning tea break – Outside 2.B.9	
	Lecture Theatre 2.B.9	
11:00 – 12:30	Plenary session #2: Adaptation and measurement of CST in different contexts <i>Chair: Naomi Moylan</i> 1. Alison Wyse & co-presenters - The Magnificent 8: Stories of Lived Experience in a Community-Led CST Maintenance Programme 2. Kathy Peri – Global Evidence, Local Voices: Adapting Cognitive Stimulation Therapy for Culturally Diverse Communities in Aotearoa New Zealand 3. Daniel Mograbi – Feasibility of CST in the Brazilian Health System 4. Suman Kurana - Virtual Cognitive Stimulation Therapy for People with Non-Memory-Led Dementia: A Feasibility Study 5. Maria Jelen - Measuring fidelity in Cognitive Stimulation Therapy (CST) for dementia: individual and group evaluation 6. Q&A Panel	
12:30 – 13:25	Lunch break - Outside 2.B.9	Poster tour: Meet outside 2.B.4 <i>Chair: Robyn Lewis</i>
	Lecture Theatre 2.B.9	
13:30 - 14:15	Plenary session #3: Rapid fire oral presentations <i>Chair: Tamara Sysak</i> 1. Amy Cussen - Where do I begin? Lessons learnt implementing CST within a community health setting 2. Isobel Sanger - Exploring the prospective acceptability of Cognitive Stimulation Therapy for people with young-onset dementia 3. Karn Nelson - Implementing CST in residential aged care 4. Lisa Gladman - Building Capacity for Dementia Care: Piloting Individual Cognitive Stimulation Therapy in Residential Aged Care	

	5. Cassandra Thompson - Building Tasmania's allied health workforce in dementia care: A proposal for an interprofessional learning project using Cognitive Stimulation Therapy 6. Q&A Panel		
	Lecture Theatre 2.B.9	Room 2.B.2	Room 2.B.4
14:20 – 15:00	Workshop #1: Ask the Expert (Practice) Facilitated by Aimee Spector	Workshop #2: Ask the Expert (Research) Facilitated by Martin Knapp & Gloria Wong	Workshop #3: Yoga and CST Facilitated by Robyn Lewis
15:00 - 15:25	Afternoon tea break		
15:30 – 16:10	Lecture Theatre 2.B.9	Room 2.B.2	Room 2.B.4
	Workshop #4: Ask the Expert (Practice) Facilitated by Kathy Peri	Workshop #5: Ask the Expert (Research) Facilitated by Aimee Spector & Daniel Mograbi	Workshop #6: Yoga and CST Facilitated by Robyn Lewis
	Lecture Theatre 2.B.9		
16:15 – 16:50	Plenary session #4: Scaling up CST in Australia <i>Chair: Daniel Mograbi</i> 1. Robyn Lewis - From Inaction to Traction - Using a 'bottom up' approach to improve access to CST in Australia 2. Panel (Aimee Spector, Robyn Lewis, Isobel Sanger, Nathan D’Cunha, Naomi Moylan) – Expanding CST in Australia		
16:50 – 16:55	Closing Remarks – Aimee Spector		
17:00 – 18:00	Drinks & Networking – Location TBA		
	Lecture Theatre 2.B.9		
18:00 – 18:30	CST Australia AGM		